

Breakfast № 1	250/100/100/150 g	360
Scrambled eggs with bacon and grilled sausages, fresh vegetables and quinoa		
Pancakes with cheese and sour cream		
Tea, coffee or fresh orange juice		
Breakfast № 2	150/100/100/150 g	390
Scramble, French toast with orange zest, fresh vegetables, quinoa		
Cottage cheese pancakes with sour cream		
Tea, coffee or fresh orange juice		
Breakfast № 3	150/150/50/80 g	340
Coconut oil tofu omelet with croutons and hummus, quinoa, fresh vegetables and grilled vegetables		
Tea, coffee or fresh orange juice		
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Dietary oatmeal with milk or water	200 g	180
Cold oatmeal with berries and almond milk	150 g	240
Cheese pancakes with sour cream and jam	150/100 g	200
Pancakes on wheat flour and farm eggs	100/100 g	150
Pancakes with homemade cheese, jam and sour cream	150/100 g	260
Benedict eggs with bacon and dutch sauce	200/100 g	180
Selfish style enedict eggs with light-salted trout and dutch sauce	275 g	340
Fried eggs with bacon	320 g	160
Shakshuka fried eggs	350 g	230
Farm chicken broth with noodles and greens	400 g	260
Grill cheese sandwich	200 g	190
Honey bread toast with avocado, trout and poached egg	250 g	290
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Assorted nuts	50 g	70
Bacon	50 g	50
Jam	50 g	35
Ham	50 g	60
Yogurt	200 ml	50
Kefir	200 ml	50
Croissant	1 pcs	60
Organic honey	50 g	50
Nutella	50 g	60
Assorted fresh vegetables	150 g	140
Sour cream	50 g	50
Parmesan cheese	50 g	90
Feta cheese	50 g	50
Emmental cheese	50 g	55
Toasts	50 g	35
Assorted fruits and berries	200 g	200
Berry platter	100 g	150